

## THE WEEKLY PLANETS

Mar 15 2015 Vol 1, #1



Welcome to the first issue of *The Weekly Planets*, a chance to stay involved with current events from an astrological perspective. Your comments and suggestions are welcome.

### Cosmic Weather for the Week 3/15 to 3/21

Washington	Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn	Rahu	Ketu	Uranus	Neptune	Pluto
3/16/2015 Su 6:31	1°27'Pi	6°6' Cp	24°32'Pi	10°55'Aq	19°22'CaR	4°44'Ar	10°52'ScR	16°56'VgM	16°56'PiM	21°12'Pi	13°53'Aq	21°13'Sg
3/17/2015 Mo 6:31	2°26'Pi	20°43' Cp	25°17'Pi	12°29'Aq	19°18'CaR	5°57'Ar	10°51'ScR	16°52'VgM	16°52'PiM	21°15'Pi	13°55'Aq	21°14'Sg
3/18/2015 Tu 6:31	3°26'Pi	5°39'Aq	26°3'Pi	14°4'Aq	19°14'CaR	7°9'Ar	10°51'ScR	16°49'VgM	16°49'PiM	21°18'Pi	13°57'Aq	21°15'Sg
3/19/2015 We 6:31	4°26'Pi	20°47'Aq	26°48'Pi	15°40'Aq	19°10'CaR	8°21'Ar	10°51'ScR	16°46'VgM	16°46'PiM	21°22'Pi	13°59'Aq	21°16'Sg
3/20/2015 Th 6:31	5°26'Pi	5°58'Pi	27°33'Pi	17°18'Aq	19°6'CaR	9°34'Ar	10°50'ScR	16°43'VgM	16°43'PiM	21°25'Pi	14°2'Aq	21°17'Sg
3/21/2015 Fr 6:31	6°25'Pi	21°2'Pi	28°18'Pi	18°57'Aq	19°3'CaR	10°46'Ar	10°49'ScR	16°40'VgM	16°40'PiM	21°28'Pi	14°4'Aq	21°18'Sg
3/22/2015 Sa 6:31	7°25'Pi	5°50'Ar	29°3'Pi	20°37'Aq	18°59'CaR	11°58'Ar	10°49'ScR	16°37'VgM	16°37'PiM	21°32'Pi	14°6'Aq	21°18'Sg

Saturn has just stationed as of Saturday 3/14. Saturn does own Saturday! The turn from forward to apparent backward movement in the sky gives a planet a center stage role. Saturn is the outermost of the classical guardians of the solar system. It shows the last wall between us and outer darkness and so rules everything final, darkly unknown, limited and scary. When Saturn slows down, stands still, and turns retrograde in its movement it becomes more intensely testing and limiting.



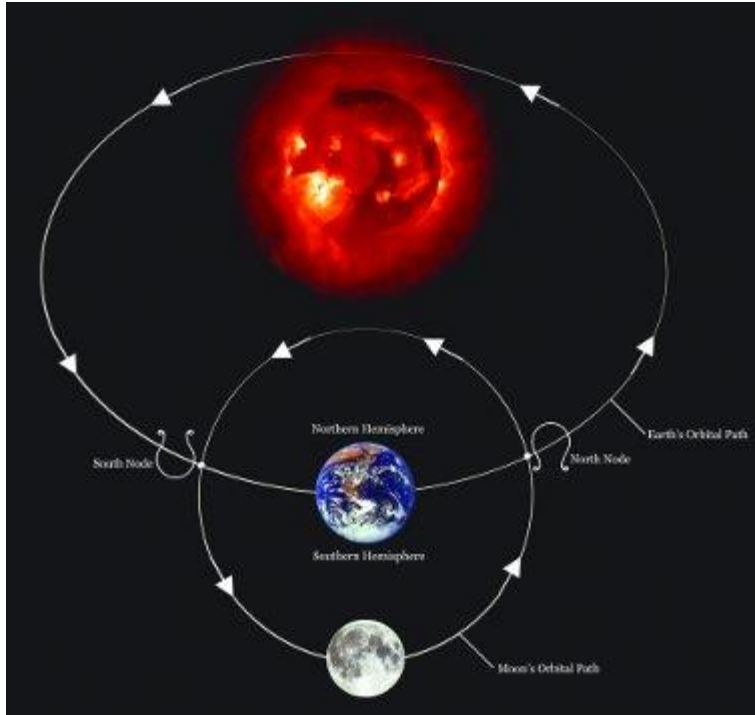
Some Saturn effects can be limping, slowed movement; disease and work to ameliorate health issues, personal and public; aging; vendettas. Luckily, Saturn's effects are balanced out currently by the great uplifting Jupiter which is in a close trine to Saturn. Saturn is in Scorpio, Jupiter is trining it in Cancer.



Jupiter itself is slowing down, getting ready to stand still, and resumes forward movement in the sky on April 9. Jupiter had been retrograding since last December. While one outer guardian goes retrograde, the other is about to go direct. Unfortunately, a great benefic like Jupiter gives very positive energy while retrograding, and once it turns direct, the beneficence is somewhat less. Jupiter's blessings are every stripe of love; spiritual expansiveness; education that pushes everyone onward and upward; world inclusiveness and tolerance. So while Saturn is turning more fierce, Jupiter is turning a bit less giving. This pressure with Saturn slightly stronger than Jupiter will be in our cosmic background over the next few months until July 15, when Jupiter will move on, and early August, when Saturn will turn around and come back to its normal state. From being glowering, it will be merely glum.

While one gate is closing and another opening, the planets in the central corral are seen in new lights. Ketu ☾ -- (see picture below of the Nodes. Ketu is the South Lunar Node, or Dragon's Tail, while Rahu is the North Node, the Dragon's Head). Ketu is making an important shift this Friday into a new nakshatra, Uttara Bhadrpada—

“The Top Legs of the Funeral Bed.”. Ketu had been in Revati but as ever is moving zodiacally backward and gets into a very strategic lunar mansion.



The nakshatras, or lunar mansions, are the stations the Moon travels through each night. This ancient galactic railway is a circle that affects us psychically and subtly. Each separate nakshatra has its own lore, deities, and powers. **Uttara Bhadrapada** is a place holding the upper part of the body from the heart chakra upwards. It is ruled by Vishnu whose vehicle the bird Garuda carries the soul after death upward or downward or straight back to the earth plane. This nakshatra is a place where karmas, our actions, are recorded and assessed by the cosmic judge who is none other than our own higher self. This nakshatra goes very deep into things. There is nothing superficial about it. Ketu here until December 2015 will demand very hard work to clear karmas and very deep research. It is ruled by one of the great snake teachers who demands to go deep, down and down and down into knowledge. There will be great learning during this period. R & D departments (personal! or corporate) will come up with some revolutionary discoveries, but mistakes will be harshly punished.

As the Sun nears the nodes and the Moon also lines up with the Sun, we get into **Eclipse season**. The New Moon will be Thursday March 20<sup>th</sup> and will be a Total Solar Eclipse visible in the UK and centered in the North Sea. It will start the New Year in the Vedic calendar. This is not only a New Moon but a Perigee Moon—also called a Super Moon—when Moon is closest to Earth in its orbit and appears larger than life. This time the Moon will be closer to Earth than it has been in the last 18 years. All of this plus the Vernal Equinox: this is why we call this month for the Power Move of the year.



Whatever you may be working on it is time to get very focused during this eclipse. This eclipse can teach you how your own mind works. Cold planets are very good here as they allow an unflinching approach to your job no matter how difficult. The difficult planets are the fiery ones, and Sun is here but it is a good thing that it is getting eclipsed so it will not have the chance to overheat the mental computer. In the nakshatra hosting the eclipse, **Purva Bhadrapada**, we learn to become dispassionate so we can heal. We look at our problem or sickness as an object with which we can work. The illusions go and the ability to work on the reality comes. Agitation goes and clear purpose comes. Where there is dharma there is no karma!



### **Market View for the Week**

Where will the market want to go this week? It is currently in a pullback mode and likely to go lower into the Federal Reserve meeting announcement next Wednesday Mar 19. Yet the Power Move with the large gates of Saturn and Jupiter swinging open and shut which we are in now means a very important and much bigger reversal likely is happening and likely is finishing by April 9 when Jupiter turns direct. This could be the final high for the bull move since 2009, the final end of the six year wave.

Not only the equity markets, which are topping, but so many other markets are approaching tipping points. Not necessarily the ends of trends, but clear statements about a new orientation. Crude oil, gold and metals, agricultural products, and most world currencies opposing the US Dollar have been precipitating into deep dives. Bonds last week have been in a sharp pullback, but this Equinox intersection now before us may break the bonds and equities into diverging trends, equities down and bonds up as the world together drops into the chute called deflation. All the central bank flooding of liquidity may be reaching an end of its effectiveness, and now comes the slow new time for payback. This month's double outer planet station will certainly change perceptions about where the world economy is heading.



## Personal Practice for the Week

Having scanned the Cosmic Weather, we now need a shield, remedy and practice for the week. If you take on the weekly yoga set or meditation and do it every day for the week, the benefits will be self-evident. The emphasis is on being Happy, Healthy and Holy always. Here is a pranayama set from Yogi Bhajan, from the notes of Sat Siri Khalsa, as practice for this week. Do it first thing in the morning or before sleep, or both.

**Pranayam Series:** (Suggested times may be altered as necessary)

Sit in a comfortable cross-legged position or in a chair with spine erect and straight. Eyes are closed and focused at the midpoint of the eyebrows.

A. Inhale through Left Nostril, Exhale through Right Nostril 1 minute

B. Inhale through Right Nostril, Exhale through Left Nostril 1 minute

C. Repeat A but with Breath of Fire 1 minute  
(info on Breath of Fire at <http://www.kundalini-yoga-info.com/breath-of-fire.html#.VPTbHOFykZw>)

D. Repeat B but with Breath of Fire 1 minute

E. Breath of Fire in Right Nostril Only 1 minute

F. Breath of Fire in Left Nostril Only 1 minute

To finish, lie down and relax for several minutes to consolidate the benefits.

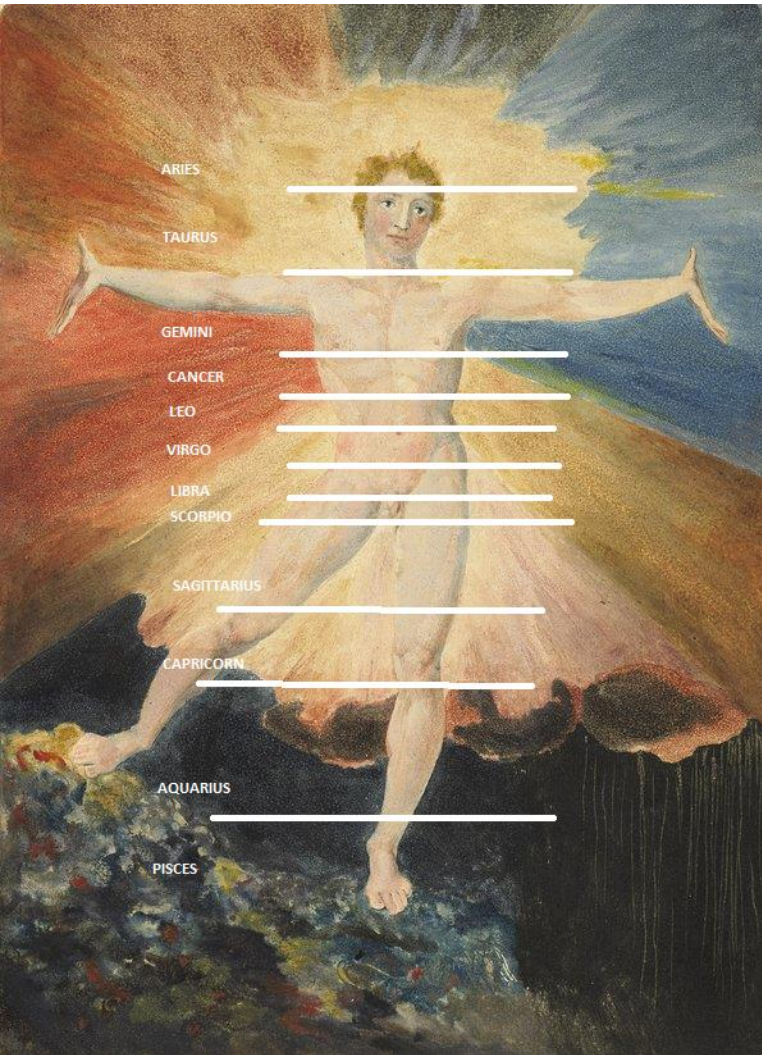


## Jyotish Study for the Week

### Kalapurusha Body Parts



The Trustees of the British Museum  
William Blake: *Albion rose*, 1794–1796



## Kalapurusha Body Parts

There are many ways to see the health profile of a chart. It takes an extensive understanding of the teachings of Parasara Muni, Jaimini and others to fully read the anatomical portrait, and on top of that the spiritual, astral, emotional, mental, and psychic layers override the strictly physiological. Nonetheless, it is helpful to study some basic facets of the rishis' teachings on physiology so we can attune our practices to optimize self-care in these areas.

The first step is to understand the body of the Kalapurusha, the "Cosmic Man". Parasara describes the limbs of the Kalapurusha in Chapter 4 of *Brihat Parasara Hora Sastra*, and tradition teaches that the sign of the 8<sup>th</sup> Lord of the horoscope shows the particular limb of Kalapurusha that carries the samskaras of previous births. This is a congenitally vulnerable area where problems may arise that have no apparent cause in the current life, but are playing out liabilities from previous incarnations.

In this issue of *The Weekly Planets* we start on a series of charts to illustrate how the karmic debts of the 8<sup>th</sup> house, and especially the lord of the 8<sup>th</sup> house, dramatically impact a life. Do realize that not every 8<sup>th</sup> lord in every horoscope will have such exaggerated effect. There are many factors that balance or neutralize this one thing. Some charts are not sensitive to past life issues as much as the ones in these examples. For some charts, current-life issues are much more operative.

*See below for a beginner's guide of how to find the 8<sup>th</sup> House in a horoscope map.*

Week 1: First section of the Kalapurusha.

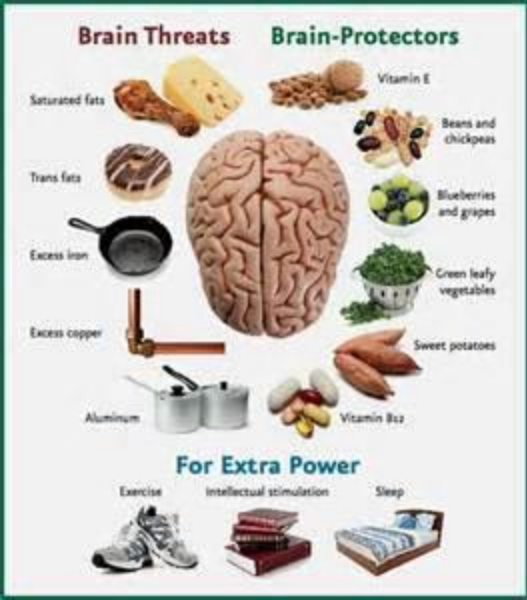
1. **Aries:** Upper head, brain, the entire area covered by a helmet down to the level of the eyebrows.



Example 1: Eighth Lord in Aries.



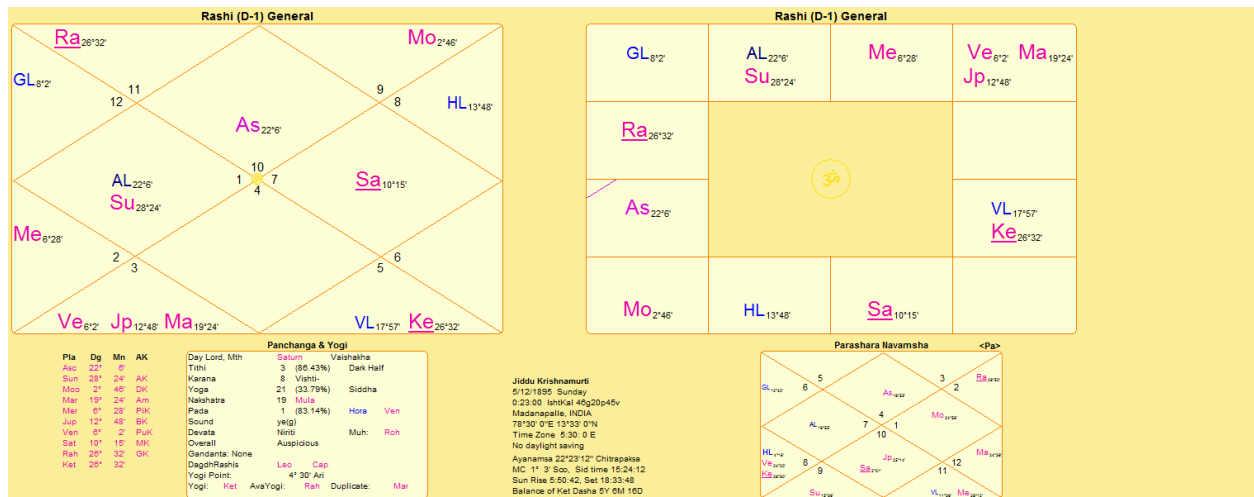




Example 2: Eighth Lord in Aries.



J. Krishnamurti cir. 1920s

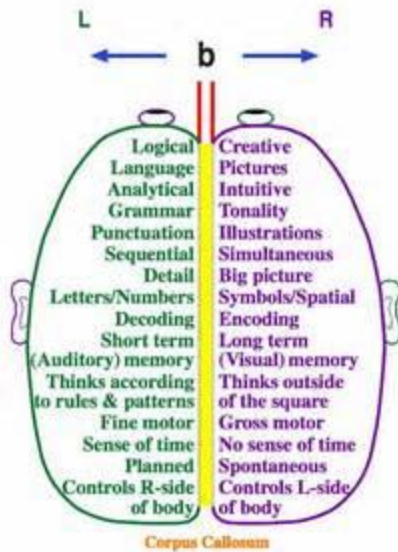


A philosopher groomed by the Theosophists to be “the next World Teacher”, Krishnamurti rebelled against this role. He suffered 40 years of acute migraines and seizures. Were they signs of Enlightenment, or were they...just headaches?. He said, “...Suppose I have a bad headache, migraine, can I observe it, not identify myself with it? You understand my question?” .... “if it isn't too terrible, can one be free of all identification with that pain? Right? Enquire into it, find out.” (J. Krishnamurti, 1st Public Question & Answer Meeting, Saanen, 1982)

The 8<sup>th</sup> house is Leo, whose lord is Sun, exalted in Aries.

Eighth lord Sun, exalted in Aries, shows past life issues affecting the brain. The test is more acute because the Lagna Lord Saturn is directly opposite the 8<sup>th</sup> Lord Sun. Also Sun is not well placed in the Navamsa. The Sun represents his soul—“atma karaka”--, so the causes for health issues were not physical but spiritual.

*For future study.....*: The brain has two hemispheres with different functions. The two lobes of the brain are shown in the two halves of the Ascendant sign, one “solar” half and one “lunar” half.



## Beginning Jyotish

The article above references the Eighth House and Eighth House Lord. What is the 8<sup>th</sup> House and how do we see it in a chart?

There are 12 houses in the zodiac that correlate to the Sun's 12 Full Moons every year. Each house or "bhava" regulates one separate facet of life. The 8<sup>th</sup> house rules debts and past life unfinished business.

In addition to Houses, you also have to think about Signs. The Sun moves into a new sign each month. The sign is like a planet's "Flavor of the Month", influencing how it behaves. The sign can be in any house of the horoscope. Our first job is to know what sign is in what house.

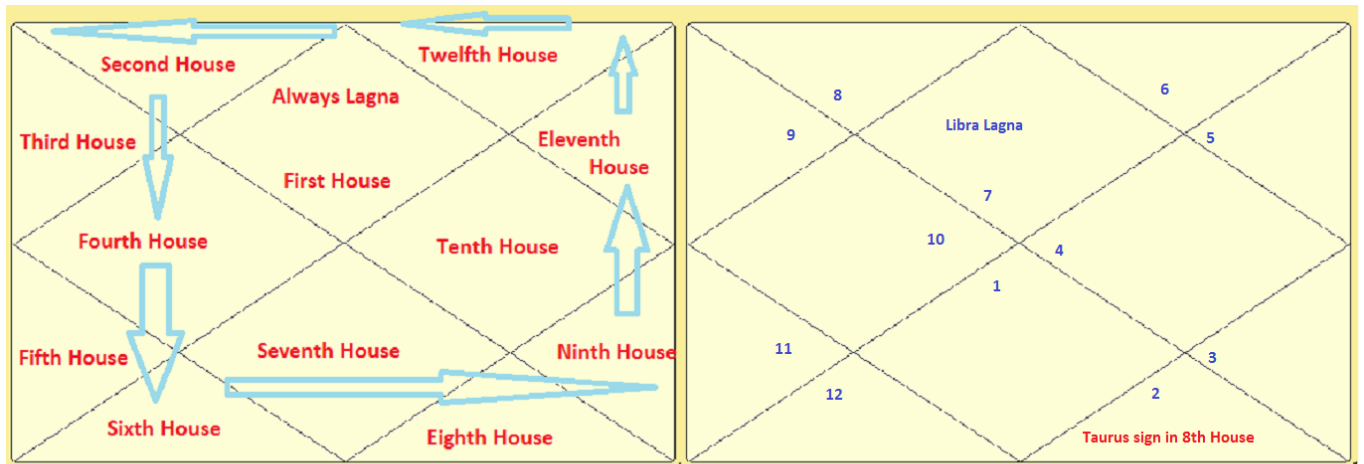
There are two common ways to map the horoscope, the North Indian style and the South Indian style. Each one has its own way to find the 8<sup>th</sup> house, and to know which of the 12 signs of the zodiac is in that house.

SOUTH INDIAN CHART--- How to find the 8<sup>th</sup> house

Pisces	Always Aries	Taurus	Gemini	6	7	8	9
Aquarius			Cancer	5			10
Capricorn			Leo	4			11
Sagittarius	Scorpio	Libra	Virgo	3	2	1 Lagna	12

In the South Indian chart, the signs are stable. The houses vary. The Ascendant or Lagna, the First House, is marked by a slash or number 1. In the chart on the right, the Lagna is in Libra, and the 5th House is in Aquarius. The 8th House is in Taurus.

**NORTH INDIAN CHART---** How to find the 8<sup>th</sup> house



In the North Indian chart, the houses are stable. The signs vary. The signs are indicated by numbers, 1 for Aries, 2 for Taurus, and so on. In the chart on the right, the Lagna is in Libra, and the 5th House is in Aquarius, the 11th sign. The 8th house has the sign Taurus, number 2.



For consultation on your individual chart whether for the beginnings of a horoscope health profile or for your current progressions, contact Sat Siri Khalsa ([www.satsiri\\_khalsa@yahoo.com](mailto:www.satsiri_khalsa@yahoo.com))